## Senate



General Assembly

File No. 340

January Session, 2013

Senate Bill No. 857

Senate, April 4, 2013

The Committee on Insurance and Real Estate reported through SEN. CRISCO of the 17th Dist., Chairperson of the Committee on the part of the Senate, that the bill ought to pass.

## AN ACT CONCERNING THE USE OF STEP THERAPY FOR AND OFF-LABEL PRESCRIBING OF PRESCRIPTION DRUGS.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- Section 1. Section 38a-510 of the general statutes is repealed and the following is substituted in lieu thereof (*Effective January 1, 2014*):
- 3 (a) No <u>individual</u> health insurance policy [issued on an individual
- 4 basis, whether issued] <u>delivered</u>, issued for delivery, renewed,
- 5 <u>amended or continued in this state</u> by an insurance company, a
- 6 hospital service corporation, a medical service corporation or a health
- 7 care center, [which] that provides coverage for prescription drugs may
- 8 require any person covered under such policy to obtain prescription
- 9 drugs from a mail order pharmacy as a condition of obtaining benefits
- 10 for such drugs.
- 11 [(b) The provisions of this section shall apply to any such policy
- 12 delivered, issued for delivery, renewed, amended or continued in this
- 13 state on or after July 1, 2005.]

(b) No such policy may require any person covered under such policy to use any alternative brand name prescription drugs or over-the-counter drugs prior to using a brand name prescription drug prescribed by a licensed physician, except that such policy may require any person covered under such policy to use a therapeutically-equivalent generic drug prior to using a brand name prescription drug prescribed by a licensed physician.

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- (c) (1) If such policy requires the use of step therapy, such policy may not (A) require failure on the same prescription drug more than once, or (B) impose a copayment greater than the lowest cost copayment for preferred drugs in the same class on any person covered under such policy who has satisfied, in the judgment of the prescribing physician, the step therapy requirements of such policy. For purposes of this subsection, "step therapy" means protocols that establish specific sequences for the prescribing of prescription drugs for a specified medical condition.
- 30 (2) Nothing in subdivision (1) of this subsection shall be construed 31 to prohibit the use of tiered copayments for any person covered under 32 such policy who is not subject to the use of step therapy.
- Sec. 2. Section 38a-544 of the general statutes is repealed and the following is substituted in lieu thereof (*Effective January 1, 2014*):
- 35 (a) No group medical benefits contract [on a group basis, whether 36 issued] delivered, issued for delivery, renewed, amended or continued 37 in this state by an insurance company, a hospital service corporation, a 38 medical service corporation or a health care center, [which] that 39 provides coverage for prescription drugs may require any person 40 covered under such contract to obtain prescription drugs from a mail 41 order pharmacy as a condition of obtaining benefits for such drugs.
  - [(b) The provisions of this section shall apply to any such medical benefits contract delivered, issued for delivery or renewed in this state on or after July 1, 1989.]

(b) No such policy may require any person covered under such policy to use any alternative brand name prescription drugs or over-the-counter drugs prior to using a brand name prescription drug prescribed by a licensed physician, except that such policy may require any person covered under such policy to use a therapeutically-equivalent generic drug prior to using a brand name prescription drug prescribed by a licensed physician.

- (c) (1) If such policy requires the use of step therapy, such policy may not (A) require failure on the same prescription drug more than once, or (B) impose a copayment greater than the lowest cost copayment for preferred drugs in the same class on any person covered under such policy who has satisfied, in the judgment of the prescribing physician, the step therapy requirements of such policy. For purposes of this subsection, "step therapy" means protocols that establish specific sequences for the prescribing of prescription drugs for a specified medical condition.
- 61 (2) Nothing in subdivision (1) of this subsection shall be construed 62 to prohibit the use of tiered copayments for any person covered under 63 such policy who is not subject to the use of step therapy.
- Sec. 3. Section 38a-492b of the general statutes is repealed and the following is substituted in lieu thereof (*Effective January 1, 2014*):
  - (a) Each individual health insurance policy delivered, issued for delivery, renewed, amended or continued in this state, that provides coverage for prescribed drugs approved by the federal Food and Drug Administration for treatment of certain types of cancer or disabling or life-threatening chronic diseases, shall not exclude coverage of any such drug on the basis that such drug has been prescribed for the treatment of a type of cancer or a disabling or life-threatening chronic disease for which the drug has not been approved by the federal Food and Drug Administration, provided the drug is recognized for treatment of the specific type of cancer or a disabling or life-threatening chronic disease for which the drug has been prescribed in one of the following established reference compendia: (1) The U.S.

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78 Pharmacopoeia Drug Information Guide for the Health Care

- 79 Professional (USP DI); (2) The American Medical Association's Drug
- 80 Evaluations (AMA DE); or (3) The American Society of Hospital
- 81 Pharmacists' American Hospital Formulary Service Drug Information
- 82 (AHFS-DI).
- 83 (b) Such policy shall not require, as a condition of coverage, the use
- 84 of any prescription drug for a condition for which such drug has not
- 85 <u>been approved by the federal Food and Drug Administration, unless</u>
- 86 <u>such drug is prescribed by such person's treating health care provider.</u>
- [(b)] (c) Nothing in subsection (a) of this section shall be construed
- 88 to require coverage for any experimental or investigational drugs or
- 89 any drug which the federal Food and Drug Administration has
- 90 determined to be contraindicated for treatment of the specific type of
- 91 cancer or disabling or life-threatening chronic disease for which the
- 92 drug has been prescribed.
- 93 [(c)] (d) Except as specified, nothing in this section shall be
- 94 construed to create, impair, limit or modify authority to provide
- 95 reimbursement for drugs used in the treatment of any other disease or
- 96 condition.
- 97 Sec. 4. Section 38a-518b of the general statutes is repealed and the
- 98 following is substituted in lieu thereof (*Effective January 1, 2014*):
- 99 (a) Each group health insurance policy delivered, issued for
- delivery, renewed, amended or continued in this state, that provides
- 101 coverage for prescribed drugs approved by the federal Food and Drug
- 102 Administration for treatment of certain types of cancer or disabling or
- life-threatening chronic diseases, shall not exclude coverage of any such drug on the basis that such drug has been prescribed for the
- treatment of a type of cancer or a disabling or life-threatening chronic
- disease for which the drug has not been approved by the federal Food
- 107 and Drug Administration, provided the drug is recognized for
- 108 treatment of the specific type of cancer or a disabling or life-
- 109 threatening chronic disease for which the drug has been prescribed in

one of the following established reference compendia: (1) The U.S.

- 111 Pharmacopoeia Drug Information Guide for the Health Care
- 112 Professional (USP DI); (2) The American Medical Association's Drug
- 113 Evaluations (AMA DE); or (3) The American Society of Hospital
- 114 Pharmacists' American Hospital Formulary Service Drug Information
- 115 (AHFS-DI).
- (b) Such policy shall not require, as a condition of coverage, the use
- of any prescription drug for a condition for which such drug has not
- been approved by the federal Food and Drug Administration, unless
- such drug is prescribed by such person's treating health care provider.
- [(b)] (c) Nothing in subsection (a) of this section shall be construed
- 121 to require coverage for any experimental or investigational drugs or
- 122 any drug which the federal Food and Drug Administration has
- determined to be contraindicated for treatment of the specific type of
- 124 cancer or a disabling or life-threatening chronic disease for which the
- 125 drug has been prescribed.
- [(c)] (d) Except as specified, nothing in this section shall be
- 127 construed to create, impair, limit or modify authority to provide
- 128 reimbursement for drugs used in the treatment of any other disease or
- 129 condition.

This act shall take effect as follows and shall amend the following sections:					
Section 1	January 1, 2014	38a-510			
Sec. 2	January 1, 2014	38a-544			
Sec. 3	January 1, 2014	38a-492b			
Sec. 4	Ianuary 1, 2014	38a-518b			

#### INS Joint Favorable

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The following Fiscal Impact Statement and Bill Analysis are prepared for the benefit of the members of the General Assembly, solely for purposes of information, summarization and explanation and do not represent the intent of the General Assembly or either chamber thereof for any purpose. In general, fiscal impacts are based upon a variety of informational sources, including the analyst's professional knowledge. Whenever applicable, agency data is consulted as part of the analysis, however final products do not necessarily reflect an assessment from any specific department.

## **OFA Fiscal Note**

## State Impact:

Agency Affected	Fund-Effect	FY 14 \$	FY 15 \$
State Comptroller - Fringe	GF, TF -	\$4.2 to \$9.2	\$4.2 to \$9.2
Benefits	Preclude	million	million
	Savings		
The State	Indeterminate	Indeterminate	Indeterminate

## Municipal Impact:

Municipalities	Effect	FY 14 \$	FY 15 \$
Various Municipalities	STATE	Potential	Potential
_	MANDATE		
	- Cost		

## **Explanation**

The bill may preclude savings of \$4.2 to \$9.2 million<sup>1</sup> to the state employee and retiree health plan ("the state plan").<sup>2</sup> The state plan does not currently require the use of step-therapy; however the plan has considered step-therapy as a cost savings measure.

Sections 3 and 4 do not result in a fiscal impact to the state plan. The state plan does not cover medication which is prescribed for a condition for which it has not received FDA approval. The bill does not require the state plan to cover such prescriptions.

<sup>&</sup>lt;sup>1</sup> State Health Plan Pharmacy Benefit Manager

<sup>&</sup>lt;sup>2</sup> The state employee and retiree health plan is currently self-insured. Pursuant to federal law, self-insured health plans are exempt from state health mandates. However, the state has traditionally adopted all state health mandates.

## **Municipal Impact**

The bill will increase costs to certain fully insured, municipal plans which require the use of 1) step-therapy and 2) prescription drugs for conditions where the drug is not yet approved by the FDA and not prescribed by the individual's treating physician. The coverage requirements may result in increased premium costs when municipalities enter into new health insurance contracts after January 1, 2014. In addition, many municipal health plans are recognized as "grandfathered" health plans under the Patient Protection and Affordable Care Act (PPACA).<sup>3</sup> It is unclear what effect the adoption of certain health mandates will have on the grandfathered status of certain municipal plans under PPACA.<sup>4</sup> Pursuant to federal law, self-insured health plans are exempt from state health mandates.

#### The State and PPACA

Lastly, PPACA requires that, effective January 1, 2014; all states must establish a health benefit exchange, which will offer qualified health plans that must include a federally defined essential health benefits package (EHB). The federal government is allowing states to choose a benchmark plan to serve as the EHB until 2016 when the federal government is anticipated to revisit the EHB.

While states are allowed to mandate benefits in excess of the EHB, the federal law requires the state to defray the cost of any such additional mandated benefits for all plans sold in the exchange. The extent of these costs will ultimately depend on the mandates included in the federal essential benefit package, which have not yet been determined. State mandated benefits enacted after December 31, 2011

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<sup>&</sup>lt;sup>3</sup> Grandfathered plans include most group insurance plans and some individual health plans created or purchased on or before March 23, 2010.

<sup>&</sup>lt;sup>4</sup> According to the PPACA, compared to the plans' policies as of March 23, 2010, grandfathered plans who make any of the following changes within a certain margin may lose their grandfathered status: 1) Significantly cut or reduce benefits, 2) Raise co-insurance charges, 3) Significantly raise co-payment charges, 4) Significantly raise deductibles, 5) Significantly lower employer contributions, and 5) Add or tighten annual limits on what insurer pays. (<a href="https://www.healthcare.gov">www.healthcare.gov</a>)

cannot be considered part of the EHB for 2014-2015 unless they are already part of the benchmark plan.<sup>5</sup> However, neither the agency nor the mechanism for the state to pay these costs has been established.

## The Out Years

The annualized ongoing fiscal impact identified above would continue into the future subject to inflation.

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<sup>&</sup>lt;sup>5</sup> Source: Dept. of Health and Human Services. Frequently Asked Questions on Essential Health Benefits Bulletin (February 21, 2012).

# OLR Bill Analysis SB 857

# AN ACT CONCERNING THE USE OF STEP THERAPY FOR AND OFF-LABEL PRESCRIBING OF PRESCRIPTION DRUGS.

#### **SUMMARY:**

This bill prohibits individual and group health insurance policies from requiring anyone covered under them to use any alternative brand name prescription or over-the-counter drugs before using a brand name prescription drug prescribed by a licensed physician. But, the policy may require the covered person to use a therapeutically-equivalent generic drug before using a brand name drug prescribed by a licensed physician.

Under the bill, if a policy requires the use of step therapy, it may not (1) require failure on the same prescription drug more than once or (2) impose a copayment greater than the lowest cost copayment for preferred drugs in the same class on any person covered under the policy who has satisfied, in the prescribing physician's judgment, the step therapy requirements of the policy. Under the bill, "step therapy" are protocols that establish specific sequences for prescribing drugs for a specified medical condition.

The bill does not prohibit using tiered copayments for any person covered under such policy who is not subject to the use of step therapy.

The bill bars certain policies from requiring, as a condition of coverage, the use of any prescription drug for a condition for which it has not been approved by the federal Food and Drug Administration, unless it is prescribed by the person's treating health care provider. This provision applies to individual and group health insurance policies that cover prescribed drugs approved by the Food and Drug

Administration to treat cancer or a life-threatening chronic disease.

The bill also makes minor and technical changes.

EFFECTIVE DATE: January 1, 2014

#### **BACKGROUND**

#### Related Federal Law

The Affordable Care Act (P. L. 111-148) allows a state to require health plans sold through its exchange to offer benefits beyond those already included in its "essential health benefits," but the act requires the state to defray the cost of these additional benefits. The requirement applies to mandates enacted after December 31, 2011. As a result, the state would be required to pay the insurance carrier or enrollee to defray the cost of any new benefits mandated after this date.

#### **COMMITTEE ACTION**

Insurance and Real Estate Committee

Joint Favorable Yea 10 Nay 8 (03/19/2013)